

BOTOX AND COSMETIC AND/OR JEUVEAU PRE AND POST CARE INSTRUCTIONS

1. Your provider only uses FDA approved medication.
2. It is helpful to avoid blood thinner over the counter medications such as Aspirin, Motrin, and Aleve prior to any treatment. If bruising occurs, it is most common around the eyes and can be covered using a cover-up stick. While we make every effort to avoid bruising, this may occur because the skin around the eyes is very thin and there are several small blood vessels in this area. Bruising is usually minimal and may take up to 7 days to resolve completely.
3. Your treatment will take effect anywhere from 7-10 days.
4. Immediately following your treatment, please do not lie down for 4 hours.
5. Avoid any massage or pressure to the area, as this may disrupt placement of the drug. If you would like to re-apply makeup, please do so gently over the treated area, 6, Refrain from heavy exercise for 24 hours.
6. Contract and release the treated muscles every few minutes over the next hour following treatment. This helps with "uptake" of the drug.
7. Allergan, the manufacturer of Botox, as well as our own patient experiences, report the average duration of results is approximately 4-5months. It is important to maintain regular injection intervals to maintain an optimal aesthetic result and prevent returning to your original pre-treatment condition.
8. Let us know if you have any comments, questions, or concerns. Our entire staff is committed to patient education, safety, and care.